

Routine Prenatal Care Guidelines

Gestational Age	Labs, US, Counseling	Return to Clinic
8-10 wks	<ul style="list-style-type: none"> Dating US Initial OB Labs: Type & screen, CBC, Hep B, Syphilis, Rubella immunity, HIV, Chlamydia, Gonorrhea, Urine culture, Varicella immunity. If African, Middle Eastern, Italian, Greek, Mediterranean, or Asian descent- Hgb electrophoresis. Pap if indicated. Elective Screening: Cystic Fibrosis, Genetic screening. Counseling: New OB packet 	4 wks
12-14 wks	<ul style="list-style-type: none"> US: only if integrated screen chosen. Nuchal translucency scan prior to 12.6 wks. Labs: early GTT if indicated Counseling: SAB prec 	4 wks
15-18 wks	<ul style="list-style-type: none"> Labs: Quad screen or AFP if indicated/desired, TSH/Free T4 if hypo/hyperthyroid Counseling: SAB prec 	4 wks
18-20 wks	<ul style="list-style-type: none"> Anatomy US Labs: None Counseling: review US results, discuss upcoming GTT 	4 wks
24 wks	<ul style="list-style-type: none"> Labs: GTT/CBC if Rh+ US: None Counseling: 	4 wks
28 wks	<ul style="list-style-type: none"> Labs: GTT/CBC, T&S, Rhogam if Rh neg; TSH/Free T4 if thyroid disease. US: Q4wk F/G if indication (morbid obesity, twins, etc.) Counseling: PTL prec, Fetal kick counts. Recommend/give Tdap vaccine. 	2 wks
30-34 wks	<ul style="list-style-type: none"> Labs: None Counseling: PTL prec, Fetal kick counts 	2 wks
35-36 wks	<ul style="list-style-type: none"> Labs: GBS culture Counseling: Breast pump Rx, PTL prec. 	1 wk
37-40 wks	<ul style="list-style-type: none"> US: Only if indication. Labs: None Counseling: Labor prec, delivery, pain control methods. 	1 wk